

# RUGBY CROSS COUNTRY RESULTS

Larimore Polar Bear Invitational, Monday, October 2, 4:00 p.m.  
Site - Larimore Golf Course - Larimore, ND

## Varsity Girls (5000 Meters) 73 runners

Quinn Neppel - 7th place - 20:57	Anna Clements - 36th place - 24:20
Tristin Lunde - 8th place - 21:18	Mikaylee Livedalen - 38th place - 24:39
Ellie Duchscherer - 9th place - 21:36	Kendyl Hager - 39th place - 24:44
Karsyn Hager - 10th place - 21:40	Braelynn Oppen - 41st place - 25:05
Rylie Suchor - 27th place - 23:40	Emily Salwey - 42nd place - 25:31
Anni Stier - 35th place - 24:20	Andrea Arnold - 47th place - 25:49

Team Results: **1. Rugby - 61**, 2. Hatton/Northwood/Thompson - 95, 3. Valley City - 114, 4. Grafton - 128, 5. Mayville-Portland-Clifford-Galesburg - 150, 6. Central Cass - 170, 7. Langdon Area/Munich/Edmore - 186, 8. Carrington - 196, 9. Pembina County North - 218, 10. Surrey - 255, 11. Larimore - 312, 12. Warwick - 369

Individual Winner: Elise Ramberg - Langdon Area/Munich/Edmore - 19:12

## Varsity Boys (5000 Meters) 100 runners

Riley Zachmeier - 4th place - 17:45	Jacob Arnold - 52nd place - 21:44
Dawson Schepp - 15th place - 18:47	Cole Wentz - 54th place - 21:54
Landon Rost - 19th place - 19:13	Ridley Odden - 72nd place - 22:40
Warren Walker - 26th place - 19:53	Erik Foster - 73rd place - 22:41
Logan Harner - 32nd place - 20:10	Trenton Sanford - 96th place - 28:14
Malachi Dosch - 46th place - 21:21	

Team Results: 1. Hatton/Northwood/Thompson - 71, 2. Pembina County North - 87, **3. Rugby - 96**, 4. Carrington - 120, 5. Four Winds/Minnewaukan - 160, 6. Langdon Area/Munich/Edmore - 161, 7. Griggs County Central - 182, 8. Valley City - 190, 9. Grafton - 197, 10. Mayville-Portland-Clifford-Galesburg - 279, 11. Surrey - 315, 12. Warwick - 361, 13. Larimore - 481

Individual Winner: Payton Smith - Carrington - 16:55